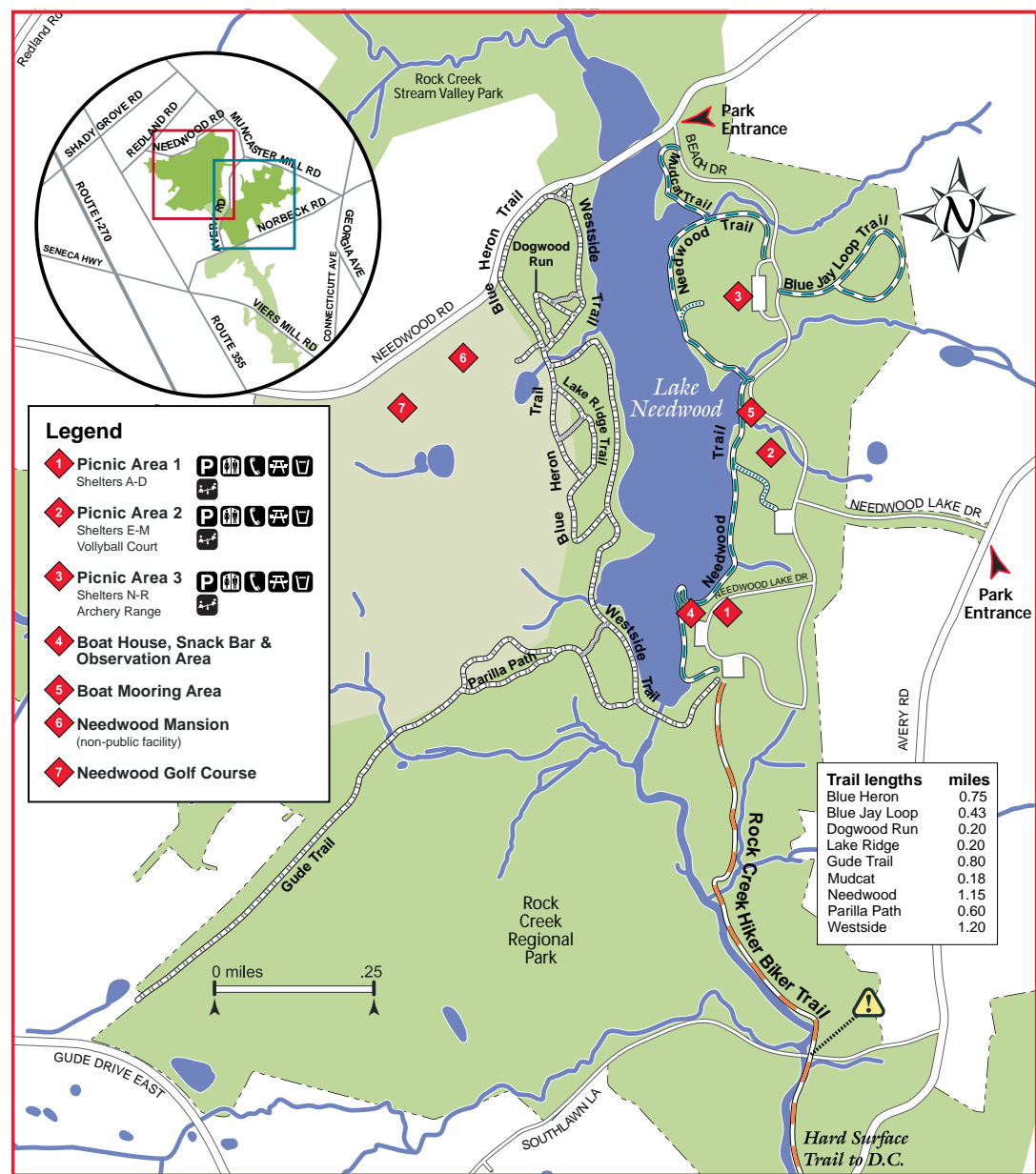
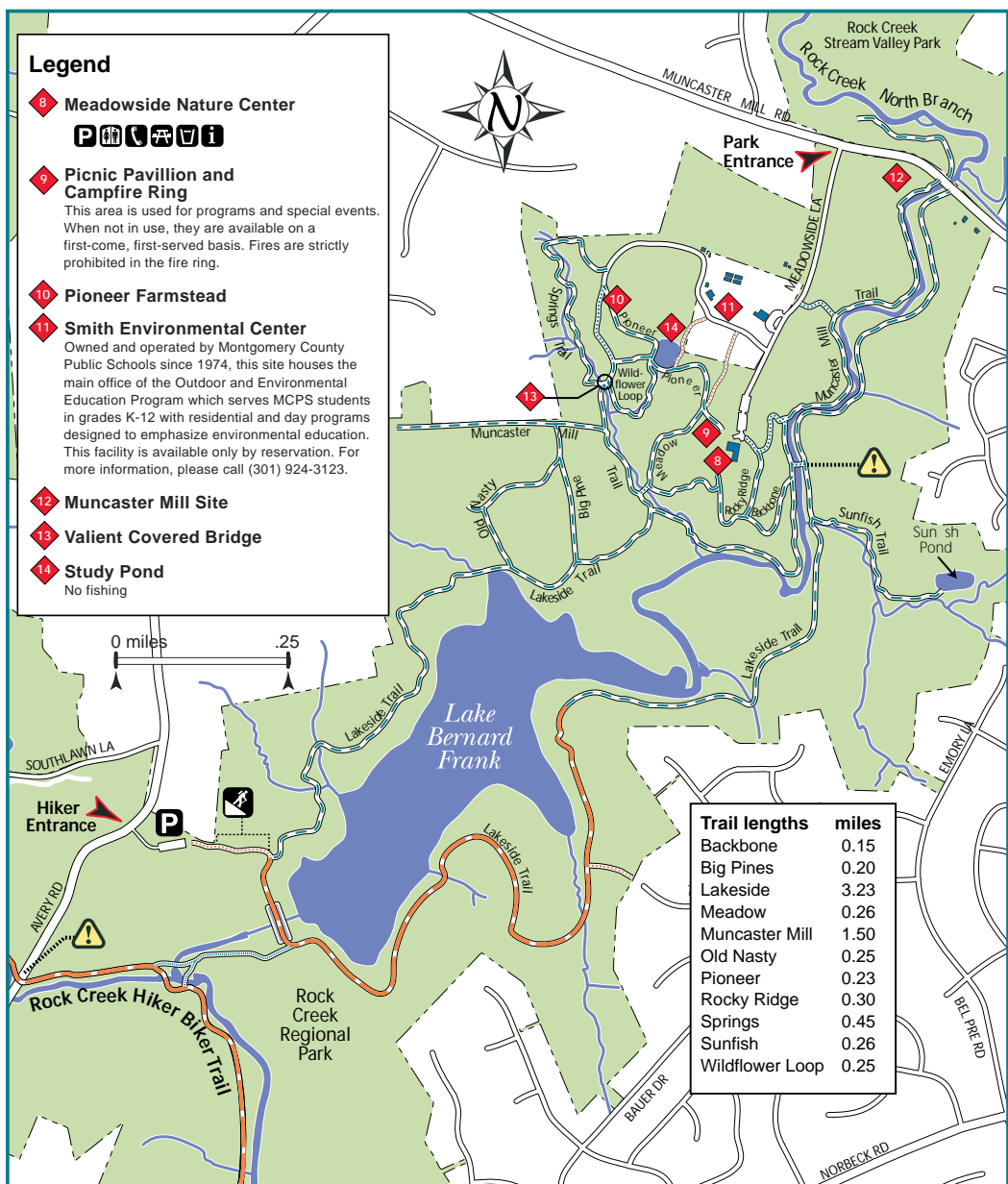


# Rock Creek Regional Park

## Lake Needwood Trails and Facilities



## Lake Frank and Meadowside Trails



- Hard Surface Trail
- Trail Connector
- Parklands
- Streams & Ponds
- Natural Surface Trails
- Hiker / Biker Only Trail
- Trail Connector
- Hiker Only
- Trail Connector
- Wheelchair Accessible
- Parking
- Phone
- Playground
- Bathrooms
- Picnic Area
- Use caution crossing road
- Steep Slope
- Drinking Water

### ROCK CREEK REGIONAL PARK

6700 Needwood Road  
Rockville, Maryland 20855

### Park Hours

Rock Creek Regional Park is open year round, sunrise to sunset. Contact specific facilities within the park for operating hours.

### Directions

#### From I-270

Take I-370 exit toward Metro station. Proceed approximately 2 miles, exit onto Shady Grove Rd. east. Go 1.4 miles, turn right onto Muncaster Mill Rd, stay on Muncaster Mill Road for approximately 2 more miles. Turn right onto Avery Rd. Approximately .5 mile to park entrance on the right.

#### From I-70

From the Frederick area and points west, travel east on I-70 to Rt. 27, exit south. Travel to Damascus and turn left/east onto Rt. 108. Follow Rt. 108 into Laytonsville, from the flashing fire house/school light continue 2.3 miles to a right onto Muncaster Rd. Stay on Muncaster Rd past the Ag. Farm. At the 7-11, turn left onto Muncaster Mill Rd. Go approximately 2 miles and turn right onto Avery Rd. Approximately .5 mile to park entrance on the right.

# Rock Creek Regional Park



MontgomeryParks.org

THE MARYLAND-NATIONAL CAPITAL PARK AND PLANNING COMMISSION

**Rock Creek Regional Park** is one of the crown jewels of Montgomery County. The Park covers nearly 1800 acres and includes the 75-acre Lake Needwood and 54-acre Lake Frank. Visitors can enjoy the Park by meandering along 13 miles of beautiful trails through woodlands and along the lakeshores. It's a perfect place for picnicking, fishing, boating, biking, learning, looking for wildlife, or just enjoying the outdoors.



## Montgomery Parks, M-NCPPC



The Montgomery County Department of Parks provides residents and visitors with access to more than 33,000 acres of parkland. Our park system includes a variety of recreational facilities, such as ice rinks, indoor and outdoor tennis courts, athletic fields, event centers, campgrounds, nature centers, and public gardens. We are stewards to more than 10% of the County's land and work hard to preserve a number of beautiful natural areas for walking and viewing the local wildlife. We also offer a wide range of classes and programs for all ages and interests.

Whatever you're looking for, it's all right here!

**MontgomeryParks.org**

## LAKE NEEDWOOD AREA

### Boating ◆ 4

The full-service Lake Needwood Boat Shop rents pedal boats, kayaks, row boats and canoes to people over 16 years of age with a valid ID. Private boats may be launched with a daily or seasonal launch permit; seasonal mooring stakes for private boats are sold on a first-come, first-served basis.

Please note: Use of gasoline motors is **strictly prohibited**; only electric motors are permitted. All boats must be off the lake by official sunset. All boats must comply with Maryland State, U.S. Coast Guard and M-NCPPC regulations and standards. For a complete list of regulations, visit [LakeNeedwoodBoats.com](http://LakeNeedwoodBoats.com).

### NEEDWOOD QUEEN TOUR BOAT

The Needwood Queen, a flat-bottom pontoon boat, is available for 15-minute cruises around the lake from May to September. Group excursions (maximum 20 passengers) may be booked in advance.

### NEEDWOOD BOAT SHOP HOURS

June, July, August

- Open Wed., Thursdays, and Fridays, 12-5:30pm
- Open weekends and holidays, 6:30am-7pm

May, September

- Open weekends only, 6:30am-7pm
- Closed October-April

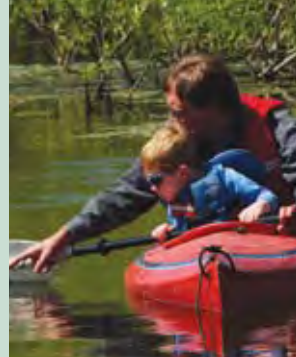
### LakeNeedwoodBoats.com

### LAKE NEEDWOOD SNACK BAR ◆ 4

The Snack Bar offers hot dogs, soft pretzels, ice cream, drinks, bait, rods and more. A vending area is also available. Open weekends and holidays from Memorial Day through Labor Day, 11am-5pm.

### ARCHERY RANGE ◆ 3

Located across from Picnic Area 3 on Beach Drive, the archery range provides sheltered target standards with measured shooting positions for 20 to 100 yards. The range is available on a first-come, first-served basis during normal park hours.



## FISHING

Anglers can fish year-round for many species, including largemouth bass, catfish, bluegill, crappie, and trout, which are stocked in Lake Needwood and naturally reproducing in Lake Frank (Lake Frank has shoreline fishing only). Rent a boat, launch your own, use your own electric trolling motors on the rental boats, or just fish from the shoreline. Live worms, other bait, and fishing rods can be purchased at the Needwood Boat Shop. Valid Maryland State Fishing Licenses are required for anglers 16 years or older on both lakes.



### Picnicking and Playgrounds ◆ 1 ◆ 2 ◆ 3

There are 18 picnic shelters, each accommodating up to 40 people. Picnic Areas 1, 2 (wheelchair accessible), and 3 are located along the east

side of Lake Needwood. Each picnic area has tables, grills, horseshoe pits, and access to playgrounds. There is a regulation sand volleyball court located adjacent to Picnic Area 2. Restrooms and drinking fountains are in operation from April through October, and electricity is available at some of the picnic shelters for an additional fee. The shelters can be reserved from April through October through the Park Permit Office.

### NEEDWOOD GOLF COURSE ◆ 6

Needwood Golf Course, operated by the Montgomery County Revenue Authority, offers a driving range, pro shop, a practice putting green, and snack bar. For more information, call 301-948-1075.



## LAKE FRANK AREA

### Meadowside Nature Center ◆ 8

Meadowside Nature Center offers natural and cultural history programs and interactive exhibits for all ages. Crawl through a cave, look at the world from a fish's point of view, and watch live animals in habitats. Meadowside is home to a Raptor Aviary, with many permanently injured, non-releasable birds of prey including owls, hawks, a turkey vulture, and an American Bald Eagle.



There is no fee to visit, but programs require reservations. Open Tuesday through Saturday 9am-5pm (closed Sundays and Mondays). Center closes at 4:00pm on Winter Saturdays (November 1- March 1)

### MeadowsideNature.org

### PIONEER HOMESTEAD ◆ 10

This historic site includes two log cabins, a smoke house, a corn crib, gardens and an orchard. The log buildings, including the "McClosky" and "Brown" cabins, were built from salvaged timbers. The site is interpreted to reflect a small family farm after the Civil War or what life might have been like on the frontier.



### MUNCASTER MILL ◆ 12

Also called "Milton's Mill", this grist mill was built in 1820, and burned to its foundation in 1935. It was the last mill on Rock Creek to close. A large dam about 0.5 miles upstream provided the water power. Three millstones ground corn for animal feed; wheat, barley and oats for coarsely ground grain; and buckwheat and wheat for fine flour. Today, only some ruins from the grist mill remain.

### VALIENT BRIDGE ◆ 13

This covered bridge was built by students from Rockville High School and the Montgomery County Student Trades Foundation in the memory of teacher and environmentalist Joan Valient.

## TRAILS

Scenic views of Lake Needwood, Lake Frank and surrounding parkland can be enjoyed on miles of natural and paved surface trails. Natural areas within the park can be explored on foot or by bicycle. Some trails are hiker only. The Rock Creek Hiker Biker Trail also begins adjacent from Picnic Area 1. This 13.5 mile paved trail provides safe and scenic bicycle and hiker access all the way to Washington, D.C. Please use proper trail etiquette and observe and obey the signs posted at all trailheads.

## ROCK CREEK REGIONAL PARK

### IMPORTANT CONTACT INFORMATION

Park Police – Emergency	301-949-3010
Fire and Rescue Emergency	911
Park Managers Office	301-948-5053
Boat Shop	301-762-9500
Needwood Queen	
Group Reservation Line	301-948-0501
Needwood Golf Course	301-948-1075
Park Permit Office (Silver Spring)	301-495-2525
(Germantown)	301-495-2480
Meadowside Nature Center	301-924-4141
Park Information Line	301-495-2595
Volunteer Services Office	301-495-2504
Accessibility Information	301-650-2867
TTY	301-495-2575

### PARK REGULATIONS

- Park in designated areas only.
- Alcoholic beverages are prohibited.
- Fires must be confined to the cooking grills provided.
- Swimming and wading in the lake are prohibited.
- No motorized vehicles are permitted on trails.
- Pets must be kept on a leash.
- Complete Park Regulations are posted in the Park.

### PROGRAM AND CLASS REGISTRATION

Choose from a wide selection of classes, camps and programs offered throughout the park system. There's something for every age, every interest and every season: It's all right here!

ParkPASS.org | 301-495-2580 (Help Desk M-F 10am-2pm)  
301-962-1477 (Automated phone registration)



**MontgomeryParks.org**

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