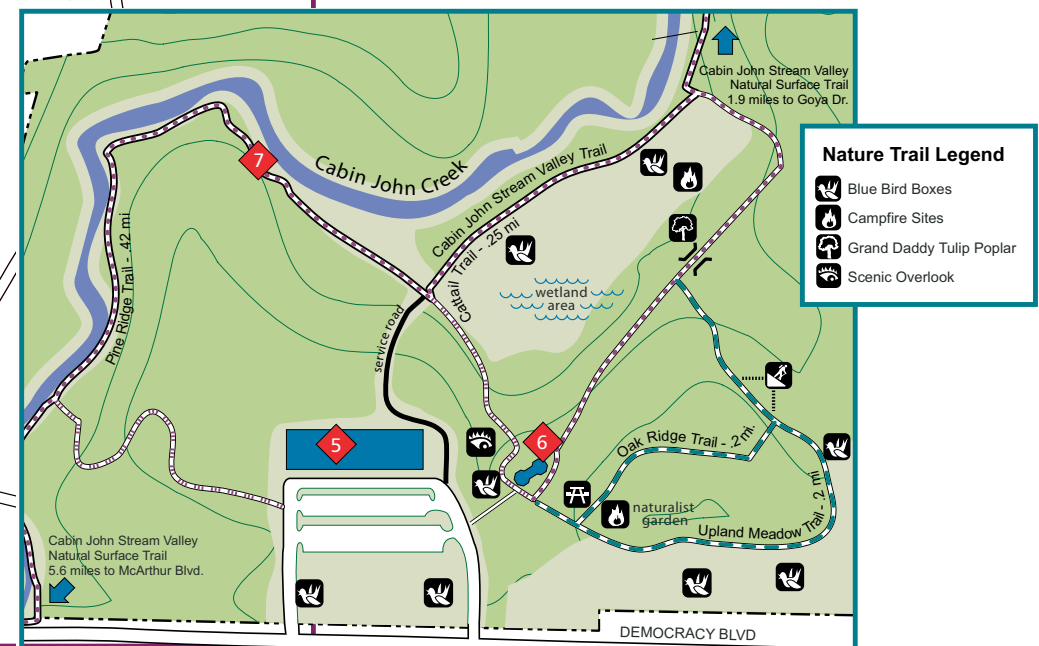


Legend

- 1 Main Regional Park**
Picnic Shelters (A - K) (by permit only April-Oct.)
Outdoor Amphitheater
Miniature Train Station
Tots Playground
 - 2 Robert C. McDonnell Campground**
(Campsites 1-7 by permit only)
 - 3 Group Picnic Area**
(by permit only)
 - 4 Athletic Area**
Ice Skating Arena
Shirley Povich Baseball Field 1 (by permit only)
Softball Fields 2-6 (by permit only)
 - 5 Locust Grove Nature Center**
 - 6 Pauline Betz Addie Tennis Center**
 - 7 Cabin John Stream Valley Natural Surface Trail**
An 8.8 mile trail connecting Goya Dr. to MacArthur Blvd. at the south end
- | | | |
|--|--|--|
| | | |
| | | |
| | | |
- Use extreme caution crossing road
 - Steep Slope
 - Drinking Water
 - Playground
 - Parking
 - Phone
 - Bathrooms
 - Picnic Area



CABIN JOHN REGIONAL PARK
Rockville Maryland

Park Hours

Cabin John Regional Park is open year round, sunrise to sunset. Contact specific facilities within the park for operating hours.

Directions

- From I-270:**
- Exit 1A and merge onto Old Georgetown Road/MD 187
 - Left onto Tuckerman Lane, use the following directions to desired entrance
- Campground Entrance**
- Continue to entrance on your right
- Group Picnic Entrance**
- Continue to entrance on your right

Indoor Tennis and Nature Center Entrance

- Turn left onto Westlake Drive, turn right onto Democracy Blvd., entrance is on your right.

Athletic Center Entrance

- Turn left onto Westlake Drive, entrance is on the right

Picnic and Miniature Train Entrance

- Turn left onto Westlake Drive, entrance is on the right



Cabin John Regional Park

Cabin John Regional Park

Cabin John Regional Park is one of Montgomery County's biggest and best combinations of nature, sports, and recreation. The park encompasses athletic fields, including the beautiful Shirley Povich Field; a full-service ice skating rink; indoor and outdoor tennis courts; and many picnic areas, trails, and camp sites. Kids of all ages can enjoy summer ball games and the miniature train that runs through the park. Many of the facilities are wheelchair accessible. From nature programs and hiking to playgrounds, sports and baseball—Cabin John has something for everyone.



Montgomery Parks, M-NCPPC

Montgomery Parks
M-NCPPC
It's all right here!

The Montgomery County Department of Parks provides residents and visitors with access to more than 33,000 acres

of parkland. Our park system includes a variety of recreational facilities, such as ice rinks, indoor and outdoor tennis courts, athletic fields, event centers, campgrounds, nature centers, and public gardens. We are stewards to more than 10% of the County's land and work hard to preserve a number of beautiful natural areas for walking and viewing the local wildlife. We also offer a wide range of classes and programs for all ages and interests.

Whatever you're looking for, *it's all right here!*

MontgomeryParks.org



Athletic Fields ◆ 4

Enjoy a variety of sports facilities at Cabin John Regional Park. Shirley Povich Field, one of several ball fields, is home to the Bethesda Big Train team and the Georgetown University baseball team, and seats 750. The park also has a lighted youth baseball/softball field with dugouts,

bullpens, batting cages, a scoreboard, and seating for 100, plus four softball fields (two with lights). These fields require permits for use; permits can be obtained at the Park Permit Office.

ParkPermits.org

Tennis ◆ 4 ◆ 5

Cabin John Regional Park offers four outdoor lighted practice walls and nine lighted outdoor courts. The Pauline Betz Addie Tennis Center is open year-round and offers group and individual lessons for all age levels.

Permits are required for private tennis instruction and special tournaments and events; non-permitted instruction is prohibited. Saturday night group rentals are also available. Call the Tennis Center for information, fees and hours.

CabinJohnTennis.com

Ice Skating Arena ◆ 4

The fully enclosed ice rink offers a variety of programs, lessons and events. Rink rentals are also available. Sessions are available year-round for the general public, for families, and for adult-only skating. The Rink has a snack bar and pro shop (including skates for rent). Call the Rink for information about specialized programs, like ice dance and freestyle skating.

CabinJohnIce.com



Miniature Train ◆ 1

A replica of an 1863 C.P. Huntington engine pulls five passenger cars on a two-mile ride through the park. The train opens for MCPS spring break week and is then open weekends until Memorial Day. It is open seven days a week from Memorial Day through Labor Day, weather permitting, and thereafter only for seasonal events. For schedule and fee information, call 301-469-7835 or visit the web site.

CabinJohnTrain.com



The Robert C. McDonnell Campground ◆ 2

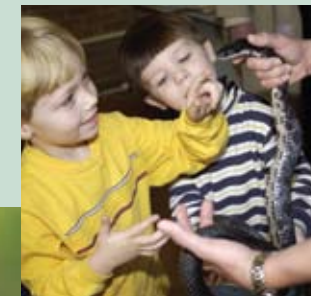
There are seven walk-in primitive campsites, each with fire pits, tables, and drinking water (May to September). Permits are required and can be obtained from the Park Permit Office.

ParkPermits.org

Locust Grove Nature Center ◆ 6

Locust Grove Nature Center offers natural and cultural history programs for adults and children of all ages. Come visit our live animals exhibits. Join us for an educational walk, explore miles of trails through woodlands and meadows, or see what's swimming in Cabin John Creek. Call the Nature Center or visit the web site for programs and events.

LocustGroveNature.org



Hiking/Biking

Enjoy over five miles of hiking/ biking trails with several access points around the Park. There are nature trails close to Locust Grove Nature Center and recreational trails throughout the Park. The Cabin John Trail, which runs along Cabin John Creek, is a great choice for hiking and mountain biking. For maps and more information visit the web site.

MontgomeryTrails.org



Picnic and Playground Areas ◆ 1 ◆ 3

Picnic shelters, tables, drinking fountains, grills, restrooms, and playground equipment are all available to the public. Permits for picnic shelters are



required from April through October and can be obtained at the Park Permit Office. Buses require access permits, which are issued by the Park Permit Office.

ParkPermits.org

Group Picnic Area ◆ 3

Groups of up to 175 people can enjoy our Group Picnic Area from April through October. Light alcoholic beverages are permitted in this area by permit only. The Park offers picnic shelters, restrooms and sports equipment. Contact the Park Permit Office to make reservations.

ParkPermits.org



CABIN JOHN REGIONAL PARK

IMPORTANT CONTACT INFORMATION

Park Police – Emergency	301-949-3010
Fire and Rescue Emergency	911
Park Manager's Office	301-299-0024
Locust Grove Nature Center	301-299-1990
Ballfield Condition Line	301-299-1975
Miniature Train Station	301-469-7835
Pauline Betz Addie Tennis Center	301-365-2440
Ice Skating Arena	301-365-2246
(recorded message)	301-365-0585
Accessibility Information	301-650-2867
TTY	301-495-2575
Park Information Line	301-495-2595
Park Permit Office	ParkPermits.org
(Silver Spring)	301-495-2525
(Germantown)	301-495-2480
Volunteer Services Office	301-495-2504

PARK REGULATIONS

- Park in designated areas only.
- Alcoholic beverages are prohibited (outside of the Group Picnic Area).
- Pets must be kept on a leash.
- Buses require parking permits.
- For a complete list of park regulations contact the Park Permit Office or visit ParkPermits.org.

PROGRAM AND CLASS REGISTRATION

Choose from a wide selection of classes, camps and programs offered throughout the park system. There's something for every age, every interest and every season: It's all right here!

ParkPASS.org | 301-495-2580 (Help Desk M-F 10am-2pm)
301-962-1477 (Automated phone registration)

